



STUDENT TRIP BALI - INDONESIA

15 Days | 14 Nights

Uluwatu | Gili Air | Sanur







ULUWATU

Uluwatu is a popular beach destination on Bali's spectacularly rugged Bukit Peninsula. The name Uluwatu, meaning "lands end rock", was borrowed from the area's famous Pura Luhur Uluwatu Temple, perched on a cliff on the peninsula's southwest tip.

Renowned as one of the best surf destinations in the world for surfers of all abilities, Uluwatu attracts surfers from around the globe as well as travelers eager to experience the area's exceptionally luxurious cliff-top hotels and villas.

Whether you come just for the day to play a round of golf, explore the temple and hit the swells; or settle in for a few days at an elegant villa overlooking the sea, there is always something to stimulate the senses in exquisite Uluwatu.







GILI AIR

Set in close proximity to the Lombok mainland, the laid-back Gili Air is a tropical-island explorer's paradise. It is one of the renowned Gili Islands featuring sandy beaches dotted with bamboo bungalows and fringed by crystal clear waters.

Visitors are welcomed with open arms and seamlessly blend into the local community as they step foot into this island paradise. Far from the hustle and bustle of the outside world, those looking for the quintessential Robinson-Crusoe experience will truly appreciate this wonderful retreat.

Visitors can stroll along pristine white-sand beaches, enjoy the island-style nightlife and discover the underwater wonderland, accessible straight from the shoreline. Other popular activities include: snorkeling, swimming, diving, surfing and island hopping.



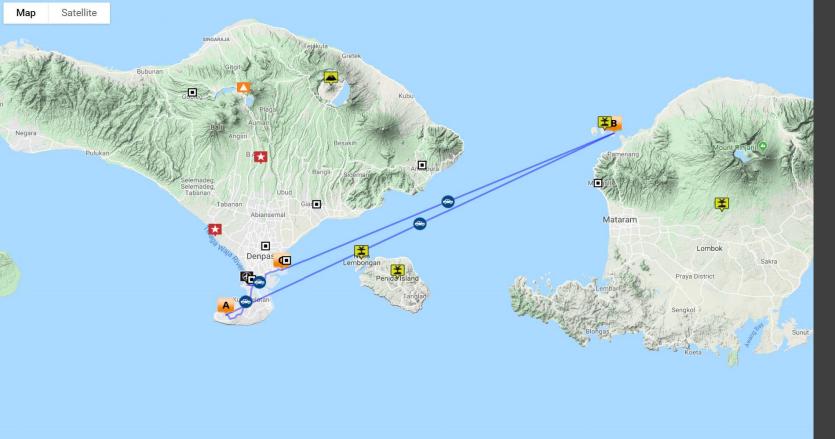




SANUR

If you find Kuta too wild and Nusa Dua too placid, Sanur might be the strip of Bali beachfront resort you're looking for. Combining great eating spots and bars with family-friendly beaches, Sanur has a balanced, energetic, yet chilled ambiance.

Every July Sanur hosts the International Kite Festival, and the brilliant blue skies are filled with colorful kites of all shapes and sizes. Le Mayeur Museum, the former home of the eponymous artist, is a worthwhile visit, as is a trek through the incumbent mangrove forest or a session at the Turtle Conservation Centre.



- A Kamafari Surfcamp
- B Sejuk Cottages
- C Cafe Locca Homestay



DAY 1: ULUWATU

Welcome to Bali!

Enjoy your new reality as you take your first steps on Bali soil!

You will arrive at Denpasar airport and be transferred to the surf camp in Padang Padang — south of Bali, Bukit peninsula. The area is famous for its beautiful nature, amazing landscapes and secluded surf spots for all levels.

Transfer from the airport to the camp will take 40 min to 1 hour 15 min (depending on the traffic). There are a few things to look out for — caves, cliffs, high class waves.

After your luggage is unpacked and sleeping arrangements are done in the rooms, you will enjoy lunch (dinner – depending on the time)

You will meet your guide after lunch/dinner, and he/she will explain everything about Bali - different routes to get by in Bali and activities to do during your visit.











DAY 2: ULUWATU

Surfing lesson #1 will be theory (information about the ocean, swell, waves, rules etc) followed by a practical lesson. The first lesson takes around 4 hours (minimum). Experienced English-speaking surf-coaches will explain the theoretical basis and teach kids how to get up on a board and keep the balance. After each lesson teachers usually recap the lesson via pictures or videos to show the students their mistakes in the ocean.

Why surfing is awesome?

In this sport you don't have to do anything extraordinary and prove something to someone. Surfing champion is the one who gets the biggest pleasure. It is easy to determine the winner, if you attach happiness detectors to the heads of surfers. Surfing is about trusting nature, awareness, it is the art of being in the flow.

Surfing in Bali is surely on the bucket list of every visitor – whether you're just learning to surf or an experienced surfer.

The "Island of the Gods" is the most famous island in Indonesia (which has over 17,500 of them) and one of the most visited surf destinations on the planet.

Bali is well-known for its surf culture and the variety of spots for any level. It is a Mecca for travelling surfers from all over the world. Not only the wide range of reef breaks that are spread along the coastline of Bali makes it special, but the incredibly patient, friendly and welcoming Balinese people, spectacular nature, warm water, tropical vibes and safety – and there are no sharks.

Surfing in Bali is most commonly known for its perfect barreling left-hand reef breaks, however, there is a big range of world-class right-hand reef breaks. There are also many surf spots for beginners and intermediate surfers.

Lunch

Indoor activities – learning words on Bahasa, some hand work – the guide decides what is better for them now/ or some workshop – how to make Balinese symbols, soap etc

Movies about surfing closer to the evening

Dinner







DAY 3: ULUWATU

Surfing lesson #2 will continue today. The focus will be less on theory and more on practice.

Today the students will learn how to turn on a surging board.

Lunch

Beach activities – SUP, volleyball, body board etc.

Dinner

Some physical or intellectual activity







DAY 4: ULUWATU

Today you will take a break from surfing (after 2 days in the water their muscles might hurt). They wake up early and leave the hotel around 7 latest to reach the middle of the island, Ubud area. The drive is about 1,5 hours.

Trekking in the rice fields not far from Ubud. Balinese rice paddies is a symbol of human labor. Rice is a basis of Balinese cuisine, the most common food here. Bali has a wide range variety of rice — white, red, brown, black. It can grow only when it is covered by water, so from time to time rice paddies look like huge mirrors.

The real Bali can be found where the rice grows. Balinese people have been using this agricultural method for more than 2000 years. The rice fields are carved by hands with the help of some simple tools and are being maintained by succeeding generations. Rice paddies are a must-see in Indonesia!

After the trekking – a cooking class. Students will cook the Balinese food and then eat it. Balinese food is a mix of indigenous cuisine as well as influences from Chinese, Indian and Middle Eastern cuisine that sets it apart in many ways from just being "Indonesian food".

After lunch you will go to Ubud – the cultural capital of Bali. A cozy authentic city in the middle of the jungle where Liz Gilbert from "Eat, pray, love" spent time. A city of artists, painters, vegans, designers and yoga people.

You will visit the Monkey forest today — a sacred jungle where hundreds of monkeys live. It is a green, fresh and mysterious place. The scenery looks unearthly with giant roots bending around bridges, huge stone carvings of Balinese gods sticking out from the sides of river-banks and beautiful old temples. The place is a home to huge gang of macaques/Balinese Long-tailed monkeys. The entire area is a nature reserve and Hindu temple complex and lies within the village of Padangtegal. The reserve is an important educational, spiritual and economic center for the village. 115 different species of trees create a playground for the cheeky little monkeys that seem to pop out from behind every branch (there are 5 different groups of monkeys within the sanctuary).

Please look after your hat, sunglasses and other small accessories – otherwise the monkeys will steal them.

Dinner (back home or in Ubud – this small cute city is famous for a big variety of restaurants for any choice.







DAY 5: ULUWATU

Surfing lesson #3. You will learn how to paddle without any help of a teacher, turn on the board and go through the break.

In the evening you will go to the 11th century **Pura Uluwatu** temple. As soon as you enter the territory you feel the special magical energy of this place with your whole body. From the observation deck you can admire the powerful ocean waves.

Uluwatu temple is one of the oldest sacred places in Bali. The Hindu temple Pura Luhur Uluwatu is one of the main 9 Balinese temples which are meant to protect Bali against the evil sea spirits who live in the ocean. All nine temples were built on "strategic locations" – they form a chain along the coast of Bali, which ensures the good luck of the island.

Uluwatu Temple was built on the top of a cliff of a black coral rock, 90 meters above the Indian Ocean! Different from all other Temples in Bali (which face west or south), this one heads east. Uluwatu's location provides the spiritual balance to the island. The view from the coastline is truly breathtaking.

At sunset the national fire dance **Kecak** begins - a performance based on the sacred book of Bhagavat Gita. 70 men will be singing and 150 men dancing in sarongs.

Dinner







DAY 6 : ULUWATU

Surfing lesson #4. Today you will enjoy surfing real waves and not just white-wash which pushes a board easily. This promises to be fun and challenging. You will get to experience what "real" surfing is – when you have to paddle yourself, pick a proper place at the line-up and paddle through the break. After this experience many people fall in love with surfing.

You will break for lunch and a rest before your journey to Ijen Volcano starts around 13/14:00.

This spectacular volcano on Java Island with the sulfur lake in the crater and unbelievable landscapes will leave you speechless. The trip is long and not for the faint hearted - you will be transferred by bus to the port (about 4 hours), then on to a ferry (the time on the ferry - 1 hour), then the last stretch is approximately 1hr30min drive to the volcano.

Ijen is a quiet but active volcano. It is set amidst a stunning landscape of volcanic cones. The beautiful turquoise sulfur lake is the largest acidic lake in the world.

Ijen is also known as a "blue" volcano because of the bright blue flames rising in the crater. It can be seen only at night and at certain temperature conditions. An electric-blue flame appears from the combustion of sulfuric gases. The gases emerge at high pressure and temperature of up to 1100°F (600°C). The Ijen blue flames can reach up to 16 feet (5 meters) high. Moreover, there is a big mining operation at the volcano.

You will arrive at Java Sunrise homestay as a temporary place to rest, refresh and enjoy dinner before the midnight activity kicks off......







DAY 7: ULUWATU

Around 1 am you will start climbing the volcano. You will first be given all instructions and equipment – masks, gloves, flashlights, water, small snacks before a guide will explain the rules. The trekking is not too hard (takes about 2,5 hours), even old folk can do this challenge. It can be very cold as you climb higher to the top of the volcano –expect to have temperatures around 12-14 degrees. Please make sure you have something warm to wear for those chilly temperatures. Comfortable hiking shoes are also essential when hiking.

Then finally the highlight of the journey is viewing the spectacular sunrise on the top of the volcano.

The view is breathtaking!

Lunch

Enjoy seeing the beautiful Jagir waterfall close to Ijen volcano. There are several waterfalls where you can swim, shower and take pictures. Prepare to get wet so bring extra clothes.

You will arrive back in Bali in the evening. Same process follows to get back to the camp – transfer to the ferry, then 1 hour on the ferry and final transfers to the surf camp. The road back is usually longer because of the heavy traffic.

Enjoy dinner and a much-needed rest.



DAY 8: ULUWATU

Surfing lesson #5.

Hopefully you will feel more confident on the surfboard and perhaps even know know how to turn, keep your balance and control the speed of your board.

This afternoon you will visit either a shelter or an orphanage. This promises to be a very meaningful, sustainable, fun, mutually beneficial and authentic experience where you can interact with and improve conditions for those who live in deserving communities.

Intellectual activities or games/beach activities will be enjoyed during the evening.

DAY 9 : GILI AIR

This morning you will check out of Kamafari Surf Camp and be transferred to Sejuk cottage, situated in Gili Island which is the most beautiful place in Indonesia.

Trip to Gili Air Island – a quiet piece of paradise. Incredibly quiet island with turquoise water, sea turtles and nemo's at your fingertips, chilled beach bars and breathtaking sunsets. The Gili archipelago in the Indian Ocean consists of three islands which are similar but each one attracts different kinds of people: Gili Trawangan, Gili Meno and Gili Air.

There are no bikes, cars, scooters on this tropical island — only bicycles and horses. Possible to walk around the island within 2 hours — it is tiny. Gili Air is a great combination of blue clean water, white sand and a variety of beach activities. Divers and snorkelers love this island. Local people are super relaxed, welcoming and friendly.

The accommodation will be located in the Northern part of the island – far away from tourist crowds and nightlife. Getting around Gili is easy – on foot, by rented bicycle or by a horse.

Getting there will unfold as follows: Transfer to Padang Bai port (about 2 hrs drive), then a speedboat (90 min), then a walk to the hotel.

Enjoy lunch at midday.

Afternoon activities will include snorkeling & swimming in the beautiful warm ocean waters.

Social work will continue in the afternoon (Community Outreach Program)

The day ends with dinner and a good night's rest.





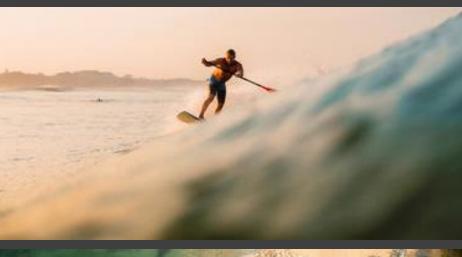
DAY 10 : GILI AIR

Breakfast upon waking up followed by snorkeling with turtles in the ocean — what an unbelievable experience awaits you!

After lunch the community outreach program will continue.

Dinner will be served in the evening.







DAY 11: SANUR

Check out after breakfast where you will be transferred back to Bali and check-in to a hotel in Sanur.

The location is centrally situated and close to the beach, access to endless water sport activities and the beach is hardly ever overcrowded.

Time to hit the beach and get active with SUP, beach volleyball and snorkeling.

Dinner and board game activities will be enjoyed later in the evening.







DAY 12 : SANUR

Enjoy yet another day of beach and water sport activities in the morning for those who have loads of energy to spare.

Lunch followed by rest in the afternoon in preparation of climbing another volcano to enjoy yet another spectacular sunrise.

At around 23:30 you will be transferred to Batur Volcano which will take an hour. This is the start of Batur Volcano hike. Mount Batur (or The Kintamani Volcano) is an active volcano and a very popular hike.

The captivating Mount Batur surrounds the 13-sq-km Batur caldera lake. Those with a penchant for adventure can take a winding road down to the lakeshore.



DAY 13: SANUR

Early wake up call to climb the volcano by sunrise.

Climbing the Batur volcano by sunrise (1717 meters high). The hike is not really easy, takes about 4 hours. A local guide will follow the group. It is cold at the beginning and hot at the end of the hike.

Batur is an active volcano in the middle of Bali – Kintamani area. From the top you can see the caldera and the beautiful lake Batur (the main source of irrigation of the island and local breeding ground for freshwater fish). Batur is popular for climbing. You can observe the sunrise from the ridges of this volcano on early morning treks.

Lunch

Hot springs near Batur + waterpark (with rollercoasters) /OR a waterfall nearby where kids can swim (Tibumana for example)

Tibumana Waterfall Bali is one of the most beautiful hidden waterfalls near Ubud. Luckily, only a few people know about it. It is hidden deep in the jungle. Kids can swim there and take pictures. Once you get to the Tibumana Waterfall parking, you'll have to leave the bus there and continue walking for about 10-15 minutes. There are a few small shops near the parking where you can buy water.

Dinner





DAY 14: SANUR

This morning gets off to an early start where you will enjoy the rainforest and the views of the rice fields.

Get ready to experience some white water rafting at Ayung river near Ubud. It is considered to be one of the best whitewater rafting experience in Bali. Due to the white water, the river in Ubud is suitable for beginners. Ubud bali white water rafting tour offers a thrilling adventure combined with beautiful scenery.

Lunch

* Treetop Park

Enjoy your last dinner in Bali

* Please note: Treetop park trip is optional and if time permits.

DAY 15: END OF ITINERARY

Today you leave Bali with memories and experiences you will treasure for a lifetime.

After breakfast and check out you will be transferred back to Ngurah Rai International Airport where you will be on your way back home.

Come visit Bali again and soon!

